



Trunch Parish Council & Trunch Village Society

Telephone: 834094 or 720252

CORONAVIRUS

STAY ALERT
CONTROL THE
VIRUS
SAVE LIVES

Email juliechance0311@gmail.com or brianboughton@btinternet.com

If the rate of the coronavirus infection continues to fall the Government plans to slowly ease the lockdown restrictions such that life can start to return to some 'normality'. All shops can open, businesses will be allowed to re-open, dentists can start appointments again, children and young adults can return to school and university. Some sporting activities have restarted. However, many things will change, schools, businesses, garden centres, shops, markets, churches, sports centres will have safety restrictions in place. You may be requested to use sanitiser, put on protective gloves, wear a face mask, follow specific safety instructions but above all, keep to the current social distancing guidelines regarding the recommended distance you should remain apart. Please follow the measures that have been put in place by the organisations, they are mainly for our benefit and to protect the NHS from having to deal with another surge in the coronavirus. Avoid public transport if at all possible.

TEST and TRACE

If you have symptoms of the coronavirus (Covid19) you must self isolate and have a test. You can arrange to do this online by going to www.nhs.uk/coronavirus or by telephoning **119**. For further guidance visit www.gov.uk/guidance/nhs-test-and-trace-how-it-works. You may also be contacted by a member of NHS 'test and trace' team to inform you that you may have been in contact with someone with the virus. If so, you must self isolate for 14 days.

 Help! 

Here are a few reminders about things which may help you during these uncertain times

 If you are experiencing problems or struggling with your finances, due to cash flow please don't worry help is available to provide support for you. If buying food and essentials is a problem or if you know of a neighbour in a similar situation, then please contact :-

David Burns at **07831 394346** / davidburns@dbaconsulting.co.uk

Chris and Jenny at **01263 722072** / trunchcornerstores@yahoo.co.uk

 Have a friendly chat using the Cromer Care Befriending Service for elderly people who may be lonely and/or vulnerable, seeking information or requiring additional support. Call **01263 512254**



During the lockdown the stalwarts of our local services and suppliers, the Corner Stores and Crown Pub remain of great support to the village. The shop offers a full range of groceries, fruit and vegetables, wines, beers, spirits, stationery and newspapers. The current opening times of between 8.00am and 4.00pm will be reviewed soon.



Iain at Crown is always available between 5pm and 8.0pm on Tuesday until Saturday each week to offer fresh takeaway food, the pizza's are great! Give him a call on **01263 722341** to order freshly cooked food. Bottled wines and beer also available and delivery can be arranged.



From the 30th June St. Botolph's will be open for private prayer on Tuesdays and Saturdays from 10.00am to 4.00pm. There will be no services. The church will be clear of all items that could potentially transfer the virus. Seating will be allocated for prayer and the remainder will be cordoned off including the toilet and kitchen. The opening times will continue to be reviewed and gradually extended until we are back to the normal times. As the borrowing of books, DVD's and jigsaws has been so popular these will continue to be available in the porch and also inside the church when it is open. Hand sanitiser will be available in the church for you to use before and after touching these items.



During these unusual and difficult times when tensions and anxieties are heightened whilst we are staying at home or in self isolation it is natural and essential for people to get some fresh air by opening the windows or in the good weather relaxing in the privacy of their garden. Please bear in mind the issues that most annoy people:-

Bonfires. *Although there are no specific byelaws prohibiting garden bonfires people should be mindful of the hazards and nuisance fires can cause. Under the Environmental Protection Act 1990 it is an offence for people to dispose of waste which is likely to cause pollution of the environment or harm to public health. A number of residents in Trunch suffer with respiratory diseases and bonfire smoke can be very harmful to them. Also smoke blowing across roads can cause problems for motorists. Please bear in mind these issues before lighting up, there are more socially friendly ways of disposing of waste. Although the Recycling Centres have been closed during the pandemic, the centres at Sheringham, Holt Road and Worstead, North Walsham are now open.*

Noise. *Excessive and unnecessary noise can cause irritation and be a nuisance to neighbours and anybody in earshot. If you need to use garden machinery like chain saws or shredders it would be worthwhile just letting your neighbours know in advance. The over revving of car and motor bike engines when stationary or roaring through the middle of the village can be particularly annoying and not good for the environment.*

Drones. *Recently a drone was observed flying/hovering over properties in Trunch. The ownership of drones has gained in popularity and the owners/pilots should be aware of privacy laws and the 'Drone Code'. It is unlawful to fly/hover over private property at less than 50 metres above ground level without the property owners consent. If you are concerned that your privacy is being compromised from whatever distance without your consent you should attempt to contact the pilot/operator. If the operator is unknown to you and cannot be contacted inform the Police by calling 101 or report the matter online at www.norfolk.police.co.uk*